



SPOT THE SUGAR!

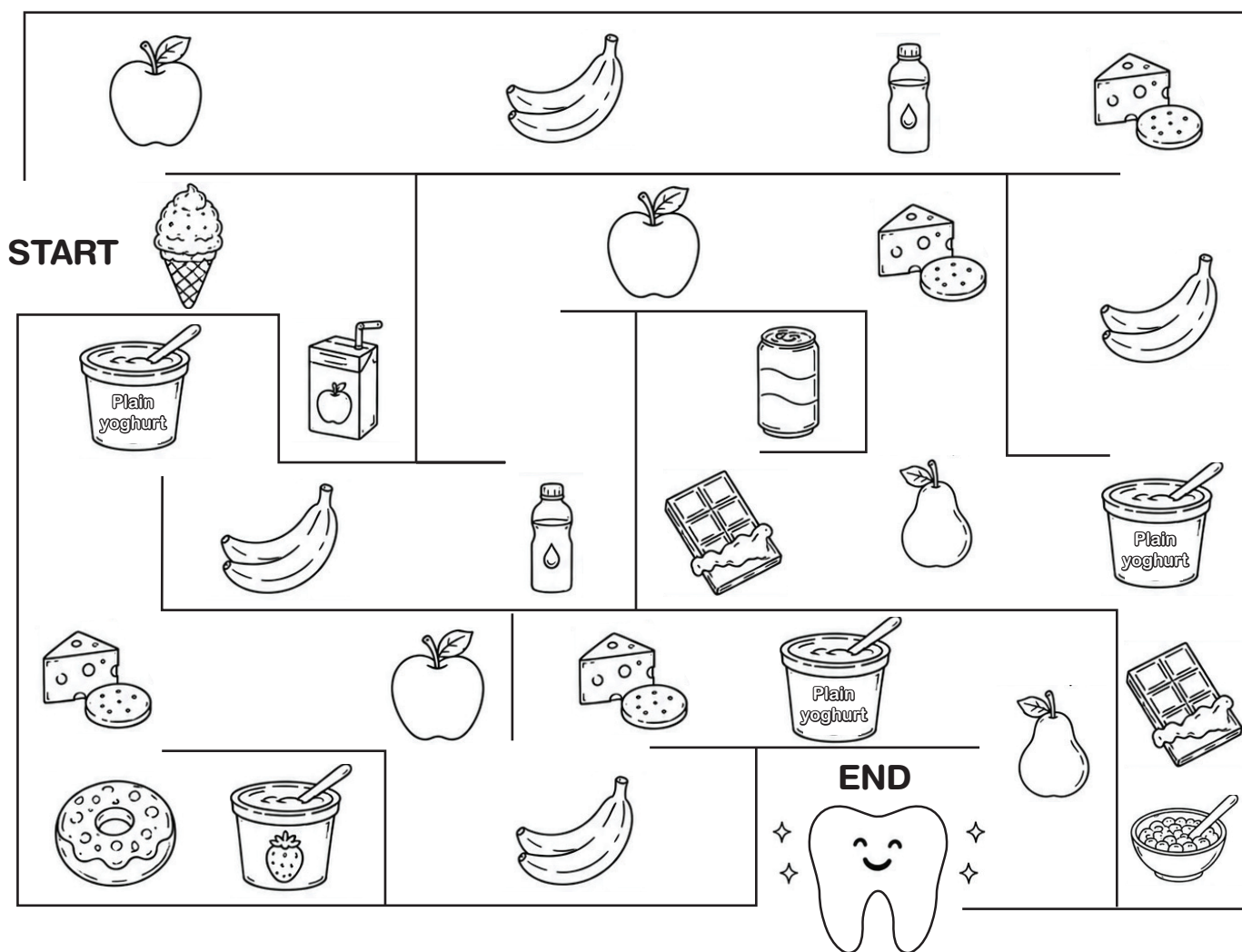


**National Oral
Health Month**
August 2026



**Let's help the Sugar Detectives
find the healthy smile**

Follow the healthy foods in the maze
and draw a line to get to the
healthy smile



Name: _____

School: _____

Age: _____ Class _____

Teacher/caregiver: _____

Email: _____ Mobile: _____

Fill in your details and send to register@nzda.org.nz

*Prize information and full terms & conditions can be found at nohm.nzda.org.nz

Competition closes midnight 31 August 2026

Colour,
fill in and
enter to
be in to
WIN!*



**New Zealand
Dental Assoc.**

